



SAISD CHILD NUTRITION SERVICES
FRESH FRUIT & VEGETABLE PROGRAM

EVERCRISP APPLE



Evercrisp apples are a delightful and nutritious fruit. These apples are a cross between Honeycrisp and Fuji apples, combining the best of both apples. They are known for their crunchy texture and sweet, juicy flavor. They are an excellent source of fiber, which is important for a healthy digestive system. They also contain vitamin C, which helps boost the immune system and keeps skin healthy. They are a great snack!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER